

## **BioRN Lounge with Prof. Joachim Fischer, Health Vision:**

Topic: Get-Help-Now: Early Intervention for Mental Illness, Muscular-Skeletal Disorders and Pain.

**January 30, 2018**

At the restaurant Urban Kitchen, Poststr. 36/5 in Heidelberg

**Register** by emailing to Sibylle Geilenberg: [sg@biorn.org](mailto:sg@biorn.org)



**Prof. Joachim E. Fischer, MD MSc**

### **About?**

For most employees affected by depression, burnout, anxiety or pain, current care implies an odyssey of waiting for the specialist or the right treatment. Get-Help-Now aims at transforming this highly fragmented process using digital support to fulfil the value proposition: “See the right person helping you within a week”.

### **Why?**

During adult-working life about 40% of employees in Europe experience one or more episodes of mental illness, musculoskeletal disorders or chronic pain. Unlike treatment of acute accidents, rapid help for mental illness, musculoskeletal disorders or chronic pain eludes most employees in European health care systems. The individual suffering and the economic burden outnumbers the years lived with disability and the loss in GDP of any other group of diseases.

### **How?**

Get-Help-Now streamlines and digitalizes early intervention in work disability by detecting employees at high risk before they become sick, at first manifestation or at risk for chronification. Using a unifying backbone and user-interface architecture Get-Help-Now adapts disease- and country-specific work-flows to eliminate treatment delays.

**What?**

Get-Help-Now provides early intervention for all employees, whether they are at risk of developing disease or at risk of short/long term work disability.

Get-Help-Now builds a unifying back-end digitalized process architecture, a unified front-end for employees and companies and a back-office architecture providing disease and country-specific adaptations of the work-flow, documentation flow, monitoring of services, and administration.

Get-Help-Now links the health-value-chain from the occupational service to the specialist, designed from a streamlined patient perspective, to simplify the process like logistic companies have done for cross-border shipments. Get-Help-Now is funded from long-term savings at health insurers, companies and pension funds.

**Who speaks?**

Prof. Joachim E. Fischer, MD MSc is the mastermind behind the project. He will provide a brief overview on the project and will then focus on how his team arrived from the core idea to the practical proposal and implementation strategy. Joachim Fischer is the chairman and professor of Public Health at the Mannheim Institute of Public Health, Mannheim Medical Faculty, University of Heidelberg. He is also the founder of HealthVision GmbH, a spin-off company of the Swiss Federal Institute of Technology, Zurich, Switzerland.